

Fitness Room

The Centre has a small room with free weights, up-to-date cardio equipment, etc. It may be a small room but it can help you get into shape. A very reasonable fee of \$10 per month or a \$50 fitness-room membership for the year plus a BCC family membership (\$40) or BCC single membership (\$25). A fitness membership for a second family member is \$25. Under 16 years of age must be supervised by an adult. The gym is open Monday to Friday, 8:30am to 4:30 pm. Some evenings available when other activities are going on. (Mon. & Wed. 7pm - 9pm & Thurs. 6:30pm - 8pm). Some interruptions may occur. A waiver must be signed before you use the equipment.

