



Is offering Martial Arts

**Gain: Confidence,
Self Esteem, & Discipline**



**Monday evenings
12 weeks starting
January 8-April 1**

\$150/person

\$145/early bird

(by December 15)

**Gi's can be purchased for an
additional \$35 on the first night**

Sensei Ed Roche

Ages 3-7 5pm-6pm

Ages 8-14 6pm-7pm

Contact Meghan Arnott at (705) 657-8833

or email her at

SEYP@buckhorncommunitycentre.com

