



Buckhorn Community Centre  
1782 Lakehurst Road, PO Box 280  
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### **SALC Program Funds For Buckhorn Community Centre**

**Buckhorn, ON (June 24, 2025)** – On Tuesday, June 24, David Smith, MPP for Peterborough-Kawartha attended a Seniors' Expo at the Buckhorn Community Centre (BCC) for the official announcement that the BCC will receive up to \$55,000 a year through the Seniors Active Living Centre (SALC) Program.

The SALC Program promotes active and healthy living, social engagement and learning for older adults and seniors by providing them with activities and services. SALC programs help build healthier and safer communities and address the long-term growth and needs of an aging population.

"Seniors Active Living Centres are helping to protect the well-being of seniors by ensuring they have more opportunities than ever to stay connected, active, and engaged in their communities. We are honoured to support the Buckhorn Community Centre for offering programs, activities and events for seniors to flourish and live with dignity and independence," said Raymond Cho, Minister for Seniors and Accessibility.

"The new Seniors Centre at the Buckhorn Community Centre is a game-changer for our seniors, and I couldn't be more excited," shared Dave Smith, Member of Provincial Parliament for Peterborough-Kawartha. "It's designed to give every senior in our community the chance to stay vibrant, active, and socially connected. These Senior Active Living Centres are truly the heart of our community, ensuring our seniors remain healthy, engaged, and close to home." MPP Smith added.

The BCC launched their SALC program with a Seniors' Expo, offering information and registration for a number of new activities including

- Beginner Pole Walking
- Gentle Yoga
- Mahjong
- Line Dancing
- East Coast Swing
- Bridge
- Gardening Group
- Fully Seated Chair Yoga
- Pattern Partner Dancing
- Tech Tuesdays
- Martial Arts

Municipality of Trent Lakes Mayor, Terry Lambshead said, "The Buckhorn Community Centre is the champion in providing a high quality of life for seniors in Trent Lakes. Through the received funding, the Centre will be able to expand their current programming to provide greater access to diverse and engaging activities for seniors. We recognize and commend the impact the BCC has had for both our residents and visitors throughout the years, and we look forward to seeing their programming flourish and support Trent Lakes in being a great place to live and visit."

The SALC annual grant of up to \$55,000 will help the BCC continue to provide programs and activities for seniors. Board President, Margaret Roberts, said, "For decades the Buckhorn Community Centre has served the permanent populations of Trent Lakes and Selwyn, as well as our seasonal residents, offering programs, events and activities that span from pre-schoolers to seniors. The demographics in the two municipalities have changed over the years, and we pride ourselves on finding new ways to provide our clients with appropriate and engaging programming. The Senior Active Living Centre funding will allow us to dedicate funds to the specific interests and



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needs of those in their senior years, while including family members and neighbours who may be younger in intergenerational activities and programs. This encourages social interaction on the part of all our participants as well as the instructors and volunteers, thus looking after the wellness of the community and its residents.”

Marilyn Damant, a member and volunteer at the BCC said, “The Buckhorn Community Centre & it's many activities for seniors is an integral part of my life. I attend as many as possible. It has improved my endurance, flexibility & stamina. I have made many new friends over the years which I greatly value.”

The Buckhorn Community Centre was established as a charitable, not-for-profit organization in 1978. The Mission of the BCC is “to be the cultural centre of our community, providing activities, events and programs to meet our community’s social and recreational needs.”

For more information about SALC programs, visit [www.buckhorncommunitycentre.com](http://www.buckhorncommunitycentre.com).

For more information, contact

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***Buckhorn's Cultural Centre***  
**[www.BuckhornCommunityCentre.com](http://www.BuckhornCommunityCentre.com)**



*Where volunteers make it happen!*