

Gentle Hatha Yoga

Starts Wednesday March 15 @ 4pm

**Buy a series of 6+ classes for \$11 a class (\$66-\$165)/ or Drop-in \$12.
Class credits cannot be carried forward**

Michelle Doyle is an experienced and certified Yoga and Pilates instructor with “Osteoporosis Canada” Bone Fit training.

**Register: Michelle Doyle –
buckhornwellness@gmail.com**

