

Morning Yoga

FRIDAYS 10am - 11:30

**Contact the instructor to reserve
your space**

Space is limited

**Bring your own equipment. We
prefer that you sign up for the
whole session at this time.**

**Stretching is good for you,
your body and your mind!**

\$144

**Register in advance with
instructor Lawrie Keillor- Faulkner
geoyogi108@gmail.com**

