

MEMBERSHIP - You can support the BCC by becoming a member. Only \$25 for a family membership, \$15 single or buy the Bronze membership at \$50 and get some perks!

FAX/PHOTO COPIES - For a small fee the BCC can help you fax your documents. We can also do photo copies in black and white or colour.

CALENDAR - If you go to our website and look at the bottom of home page, you will find a calendar. This nifty google calendar can sync with your calendar if you like, or just check it out to get information fast on classes and events.

VOLUNTEER - We'd love to talk to you if you're interested in learning more about volunteering at BCC. You'll have a chance to: make a difference in people's lives and in your own community. Meet new people and make new friends. Use your skills, learn new skills and gain valuable work experience and be part of a team working towards a common goal – a healthy, vibrant community.

Give us a call or email volunteering@buckhorncommunitycentre.com

A big shout out to everyone who has supported the BCC over the past year and half. We really appreciate it!



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WHAT YOU CAN LOOK FORWARD TO

The BCC will offer programs and events as the restrictions change. Here are a couple of activities that we are planning for at this time.

VIRTUAL HARVEST CRAFT SHOW

Be sure to check out the website for the on-line Harvest Craft Show coming soon. We look forward to seeing you all in person next year!

FESTIVAL OF TREES & DÉCOR

We will be hosting this fabulous Christmas event again starting mid November. Enjoy tea and trees, or wine and trees, while you peruse the decorated trees and décor items. Purchase tickets and you could win one! Watch the website for the info!



Buckhorn Buzzer 2021

Buckhorn Community Centre

1782 Lakehurst Road, Buckhorn ON

"Buckhorn's Cultural Centre"

**Be sure to check out what's
happening!**

For a full listing check out our website or call

705-657-8833

BuckhornCommunityCentre.com



Bee Active

COMING SOON MEANS: Due to Covid-19 restrictions, these activities will resume as soon as possible

TRENT LAKES SELWYN SENIORS - COMING SOON - Men & women 55 and over are encouraged to come out and meet new friends. Pot luck is the first Wednesday of the month. Call **The BCC** for more information.

BRIDGE - COMING SOON - Play duplicate bridge **Thursday afternoons** starting at **12:30**. You must bring your partner. Nominal fee. Not held during the winter.

BID EUCHRE - COMING SOON - Held **Monday mornings 10am-noon & Tuesday evenings, 7pm-9pm**. If you know how to play euchre you will catch on to this game pretty fast. Newcomers welcome. Nominal fee. **All year**

EXERCISE CLASS FOR SENIORS - COMING SOON Call **Community Care 705-657-2171**

SINGING - COMING SOON If you enjoy singing why not join the Buckhorn Singers. Practice takes place on **Tuesdays afternoons from 1 pm - 3:00**. This group enjoys going to Seniors' homes and singing. Call Barb @ 652-5095 for more information. **Sept - May**

VOLLEYBALL - COMING SOON Held most Monday and Wednesday evenings 7:00 - 9:00pm. Pay as you go \$2. Bring your indoor shoes and your water bottle! All ages welcome. **Sept.-June**

ACTIVITIES THAT ARE HAPPENING NOW OR VERY SOON

FIT & FABULOUS - (Tuesday & Thursday 9:30am) Firm, define and strengthen your body with conditioning exercises designed for the more mature. Combining balance, coordination and flexibility with a variety of exercises to enhance your health and wellness. Sign up for 6 week segments. Once a week \$42, twice a week \$77. Register with fitness specialist Karen Franken - karenfranken@outlook.com

SINGING LESSONS - (Monday and Thursdays) - Singing lessons for all ages! Jennifer Harding is a professional singer and recording artist who has starred in London's West End musicals such as Legally Blonde, Mamma Mia and Funny Girl. Singing lessons focus on tuning, breath control, performance skills and overall good vocal health! 50 minutes in length, and once a week. Sessions run in 8 or 9 week bookings and start afternoons/evenings beginning the week of Sept 13th. Contact Jennifer for time slot availability at jennifer_meaghan@hotmail.com



COMPUTERS 101 FOR SENIORS - COMING SOON Covid-19 has isolated everyone, especially seniors. We are offering **FREE** classes like, Basic Computers, Basic email, Face to Face with family & friends, playing games. Call the BCC for information

CIRCUIT TRAINING - ON NOW - Mon., Wed., and Fridays, 8:30am - 9:30am. This class is great for all fitness levels and combines strength training and aerobics training for a total body workout. The best part is that this class is designed for participants to work at their own pace in a controlled supervised environment. Held outside in the summer
Pay as you go \$5. All year

PICKLEBALL - ON NOW - June - September play in the Sports pad, **Mon., Wed., & Fri. October - May**, play inside the BCC **Monday, Wednesday and Friday** Pay as you play **\$2. Call Mike Black for info. 705-657-8962 - mlblack@nexicom.net**



TAI CHI FOR LIFE - ON NOW - Tuesdays 10am and Thursdays 10am. Your opportunity to experience a modified Yang style. These Tai Chi classes are designed for any fitness level. Tai Chi enhances an individual's range of motion, strength and relaxation for Improved health. **Pay as you go or buy in monthly. All year. Please call Instructor Tom at 705-874-3045 for more information**

PILATES - ON NOW (Thurs. 11am east room) Pilates classes consist of a series of exercises that target the "Powerhouse"-abdominal muscles, lower back muscles, pelvic floor, hips and glutes.
Contact instructor Michelle Doyle: buckhornwellness@gmail.com

YOGALATES - (Fri. 10am west room) Yogalates is a comprehensive exercise system inspired by Yoga and Pilates. It is designed to ensure functional movement, body awareness and balance. **Contact Michelle Doyle: buckhornwellness@gmail.com**

YOGALATES - (Wed. 6pm) Contact instructor Michelle Doyle: buckhornwellness@gmail.com

JAM - SEPT - Do you play an instrument but are tired of playing alone. Gather with others and meet new people Very casual and relaxed. \$2. (Date to be determined)
Contact: keithharding4@gmail.com

LEARN TO CARVE - SEPT (Thurs. 1pm) - The Buckhorn Carvers meet on Thursday afternoons, September until June. Men or women who are interested in learning are encouraged to come out. Join for \$40 & receive a one year membership, carving knife, pattern, wood blank & instruction. **Contact: derek1bland@gmail.com**

HAPPY HOUR - ON NOW - Held a couple of Fridays a month. 4pm-6:30pm. Meet your friends and enjoy some live music, drinks and food. **THIS IS NOT A DROP IN AT THIS TIME. YOU MUST REGISTER BY CALLING THE BCC**

This project is funded by
the Government of Canada.

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