

# Tai Chi

**Health and well-being are appealing.  
Join us to experience Tai Chi at the  
BCC.**

**Tuesdays and Thursdays**

**9:30am until noon**

**Come in to watch and/or try Tai Chi  
for yourself.**

**All are welcome to attend.**

**Further information - call**

**Tom @ 705-874-3045 or**

**TaiChi4Life@cogeco.ca**

**[www.CanadianTaiChiAcademy.org](http://www.CanadianTaiChiAcademy.org)**

**Pay as you go or purchase a  
monthly pass.**



## 2023 Membership Fees

12-months	4-months	1-month	per class
\$ 280	\$ 110	\$ 35	\$ 10