

# Tai Chi

**Health and well-being are appealing. Join us to experience Tai Chi at the BCC.**

**Tuesdays and Thursdays 10am until noon**

**Come in to watch and/or try Tai Chi for yourself.**

**All are welcome to attend.**

**Further information - call Tom @ 705-874-3045 or**

**TaiChi4Life@cogeco.ca**

**[www.CanadianTaiChiAcademy.org](http://www.CanadianTaiChiAcademy.org)**

**Pay as you go or purchase a monthly pass.**



## Membership Fees

12-months	4-months	1-month	per class
\$ 250	\$ 90	\$ 25	\$ 7